



#### Dates:

**19th to 20th March 2019** (Basic & Advance DXA Course)

**20th to 23rd March 2019** (Scientific Meeting)

#### Venue:

Hilton Kuala Lumpur, Malaysia

# **Conference Organisers:**

# **Medical Conference Partners**

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am2019.iscd.org

# About ISCD

The International Society for Clinical Densitometry (ISCD) is a professional membership association dedicated to advancing quality in the assessment of musculoskeletal health through education, certification and facility accreditation.



We are the musculoskeletal health profession's global voice, chief advocate, principle DXA educator and trusted peer group. The Society represents all professions who are dedicated to providing quality assessments and therapies to those living with osteoporosis and other bone disorders.

ISCD is an international network of industry professionals with more than 2,700 individual members from over 60 countries, collaborating to transcend borders in the service of superior patient care.



# **Message from Scientific Committee Chairman**



Selamat Datang,

On behalf of the Scientific Committee, it is my great honor to warmly welcome you to the International Society for Clinical Densitometry (ISCD) Annual Meeting in Kuala Lumpur, Malaysia.

The burden of osteoporosis and related fragility fractures is expected to be a major

problem in the world, particularly in Asia Pacific countries. In view of the ageing population and the changes in the demographic and socio-economic status of countries in the Asia Pacific region, more than half of the osteoporosis related hip fractures are predicted to occur in this region by the year 2050.

The well-developed state-of-the-art scientific program aims to provide you the latest information on osteoporosis management, both globally and regionally especially in the Asia Pacific region. Highlights on advances in various aspects of clinical densitometry and current best practice allowing both clinicians and technologists to perform better in acquiring, interpreting and applying clinically the densitometry measurements in managing their patients will also be presented during this meeting.

As this is the first ISCD Annual Meeting being held in an Asia Pacific country, there will be a mix of cultures in the planning of the scientific programs, bringing both scientific sessions and speakers from global and Asia Pacific countries. Through the scientific program, this will be the best platform and opportunity for all of us from different parts of the world to exchange opinions and to find opportunity to collaborate and to share our expertise and experience.

I would like to express my most sincere thanks to the faculty members, speakers as well as those who submit and present their abstracts and research works to make this meeting a great success. I would like to thank the members of the Scientific Committee for all their efforts in putting up the excellent scientific program.

Do join us in Kuala Lumpur, to meet all our old friends as well as meeting new friends.

See all of you in Kuala Lumpur.

Terima kasih,



**Dato' Dr Joon-Kiong LEE**Scientific Committee Chair, ISCD Annual Meeting



# **Welcome Message from President ISCD**



Dear colleagues and friends,

It is my great pleasure and privilege to welcome you to the 25th Annual Scientific Meeting of the ISCD in Kuala Lumpur, Malaysia. For the first time in ISCD history, our annual meeting will be held on the continent of Asia. We are excited and honored to be co-hosting this remarkable event with the Malaysian Osteoporosis Society (MOS) and

Malaysian Society of Radiographers (MSR).

The ISCD Scientific Committee led by chair, Dato JK Lee, with committee members Christopher Shuhart (ISCD), Lai Kuan Chan (MSR) and Siew Pheng Chan (MOS) have put together a truly remarkable and integrated program. This team of experts will select the most thought-provoking topics for inclusion in the scientific sessions. In addition to the invited program, the meeting will feature presentations selected from the best abstract submissions. The ISCD's position development conference will also be integrated into the meeting, making this a unique opportunity to gain state of the art knowledge.

Kuala Lumpur offers our attendees a unique history, incredible architecture, and some of the best cuisine in the world. I encourage all our attendees to spend a few extra days in the area and see all this beautiful country has to offer.

I look forward to collaborating with our colleagues in Southeast Asia and we welcome everyone within the musculoskeletal health community to this outstanding meeting.

Sincerely,



Robert Blank, MD, PhD President, ISCD



#### **Scientific Committee**

Dato' Dr Joon-Kiong LEE - ISCD Professor Dr Christopher SHUHART - ISCD Professor Dr. Siew Pheng CHAN - MOS Ms Lai Kuan CHAN - MSR



Alvin Ng Choong Meng

Singapore

Babette Zemel United States

Chanika Sritara Thailand

Chan Siew Pheng Malaysia

Chan Wing P Taiwan

Chieng Poon Ung

Taiwan

Chionh Siok Bee Singapore

Christopher Shuhart United States

C. Sankara Kumar A/L Chandrasekaran

Malaysia

David Weber United States

Derrick Chan Ding Cheng

Taiwan

Diane Krueger United States

Dorothy Dy Ching Bing Agsaoay

Philippines

E. Michael Lewiecki United States

Hew Fen Lee Malaysia

John J. Carey Ireland

John Shepherd United States Khor Hui Min Malaysia

Lalita Wattanachanya

Thailand

Lawrence Jankowski United States

Lee Joon Kiong Malaysia

Leilani Mercado Asis

Philippines

Leonard Koh Kia Hu

Singapore

Leslie Morse United States

Manju Chandran Singapore

Neil Binkley United States

Paul Anderson United States

Paulo Wu Chih-Hsing

Taiwan

Premitha Damodaran

Malaysia

Richard Prince Australia

Robert Blank United States

Tanawat Amphansap

Thailand

Unnop Jaisamrarn

Thailand

# **Basic DXA Course - Clinicians**



# **About the Basic DXA Courses**

The core elements of these programs is to provide a set of standard practices and information to raise the level of awareness and education in bone densitometry and osteoporosis. It will cover the latest techniques and knowledge on densitometry and the physiology, epidemiology, diagnosis and management of osteoporosis.



# Faculty

Chan Siew Pheng Malaysia

Chan Wing P Taiwan

Chionh Siok Bee Singapore

Manju Chandran Singapore

Paulo Wu Chih Hsing Taiwan

Yeap Swan Sim Malaysia



# **Programme Overview**

**Date:** 19th March 2019 (Tuesday) **Venue:** Level 6, Hilton Kuala Lumpur

vende: Level o, Filiton Radia Lampai				
Time	Programme			
0630 - 1800	REGISTRATION COUNTER OPENS			
0800 - 0830	Overview Of Osteoporosis			
0900 - 0930	Bone Measurement Device Operating Principles			
0930 - 1000	X Ray Science, Radiation Safety And Quality Assurance			
1000 - 1030	TEA BREAK			
1030 - 1110	Clinical Evaluation Of Bone Health			
1110 - 1150	Use Of Bone Densitometry For The Diagnosis Of Osteoporosis			
1150 - 1230	Fracture Risk Assessment			
1230 - 1300	Monitoring Treatment Of Osteoporosis			
1300 - 1400	LUNCH BREAK			
1400 -1500	Clinical Management Part 1: Prevention			
1500 -1600	Clinical Management Part 2 : Pharmacological Treatment Continued			
1600 - 1700	Clinical Management Part 3 : Further Pharmacological Treatment Considerations			

**Date:** 20th March 2019 (Wednesday) **Venue:** Level 6, Hilton Kuala Lumpur

Time	Programme
0630 - 2115	REGISTRATION COUNTER OPENS
0830 - 0910	Principles Of DXA Scan Interpretation
0910 - 1000	Principles Of DXA Scan Reporting
1000 - 1030	TEA BREAK
1030 - 1230	Cases For Discussion



# **Registration Fee**

Early Bird (USD) (Ends On 19th January 2019)	Post Early Bird (USD) (20th January to 18th March 2019)	Onsite (USD) (19th March to 23rd March 2019)		
ISCD Members				
USD 250	USD 300 USD 350			
Non-Members				
USD 350	USD 400	USD 450		

For those interested in sitting for the CCD Certification Exam, please visit ISCD website at www.iscd.org/certification to apply.

# **Basic DXA Course - Technologist**



#### **About the Basic DXA Courses**

The core elements of these programs is to provide a set of standard practices and information to raise the level of awareness and education in bone densitometry and osteoporosis. It will cover the latest techniques and knowledge on densitometry and the physiology, epidemiology, diagnosis and management of osteoporosis.



# **Faculty**

Chanika Sritara Thailand

Chan Siew Pheng Malaysia

Chan Wing P Taiwan

Chieng Poon Ung Taiwan

Hew Fen Lee Malaysia

Zhao Yan Ling China



#### **Programme Overview**

**Date:** 19th March 2019 (Tuesday) **Venue:** Level 6, Hilton Kuala Lumpur

Time	Programme
0630 - 1800	REGISTRATION COUNTER OPENS
0800 - 0830	Overview Of Osteoporosis
0900 - 0930	Bone Measurement Device Operating Principles
0930 - 1000	X Ray Science, Radiation Safety And Quality Assurance
1000 - 1030	TEA BREAK
1030 - 1120	Principles Of DXA Scan Interpretation
1120 - 1210	Quality Assurance
1210 - 1300	Role Of The Technologist
1300 - 1400	LUNCH BREAK
1400 - 1500	Anatomy, Positioning And Acquisition - Spine
1500 - 1600	Anatomy, Positioning And Acquisition - Femur & Forearm
1600 - 1700	Vertebral Fracture Assessment

**Date:** 20th March 2019 (Wednesday) **Venue:** Level 6, Hilton Kuala Lumpur

Time	Programme
0630 - 2115	REGISTRATION COUNTER OPENS
0830 - 0910	Scan Analysis
0910 - 1000	Clinical Management Of Osteoporotic Patient
1000 - 1030	TEA BREAK
1030 - 1130	Clinical Application
1130 - 1230	Clinical Cases



# **Registration Fee**

Early Bird (USD) (Ends On 19th January 2019)	Post Early Bird (USD) (20th January to 18th March 2019)	Onsite (USD) (19th March to 23rd March 2019)		
ISCD Members				
USD 150	USD 180	USD 200		
Non-Members				
USD 200	USD 220	USD 240		

For those interested in sitting for the CBDT Certification Exam, please visit ISCD website at www.iscd.org/certification to apply.

# **Advanced DXA Course**



#### **About the Advanced DXA Courses:**

Vertebral Fracture Recognition Course
This advanced densitometry course focuses on vertebral fracture imaging in order to advance the diagnosis and treatment of patients at risk of osteoporotic fractures. The importance of vertebral fractures in the clinical management of osteoporosis will be covered, including recognition on lateral spine images of a normal spine, vertebral fractures and other findings that may be confused with vertebral fractures. Fracture recognition, analysis and best-practice patient positioning will be detailed in order to ensure ideal image acquisition, interpretation and reporting.

Pediatric Bone Densitometry Course
The Pediatric Bone Densitometry Course provides the most current research and best-practice techniques for obtaining and interpreting bone mineral density (BMD) measurements in children and adolescents. This educational program is designed to improve learner competence in the area of pediatric densitometry. Learners will have the opportunity to take the knowledge gained from this educational program and properly and consistently apply it into his/her professional practice.

DXA Body Composition Analysis Course
This live course focuses on the increase of knowledge and competence of clinicians and other healthcare professionals in order to successfully use DXA body composition analysis in the management of obesity, geriatric sarcopenia and other low muscle mass states, general health and pediatric skeletal disease. The inclusion of case studies will reinforce the knowledge gained and allow for application in the diagnosis, treatment and therapies of patients presenting with low bone mineral density.



# **Registration Fee**

Doctors					
Early Bird (USD) (Ends On 19th January 2019)	Post Early Bird (USD) (20th January to 18th March 2019)	Onsite (USD) (19th March to 23rd March 2019)			
	ISCD Members				
USD 200 USD 250 USD 300					
Non-Members					
USD 300	USD 350	USD 400			

Radiographers				
Early Bird (USD) (Ends On 19th January 2019)	Post Early Bird (USD) (20th January to 18th March 2019)	Onsite (USD) (19th March to 23rd March 2019)		
	ISCD Members			
USD 100	USD 150	USD 200		
Non-Members				
USD 150	USD 200	USD 250		

#### **Faculty**

- Babette Zemel (United States)
- Chieng Poon Ung (Taiwan)
- David Weber (United States)
- John J. Carey (United States)
- Paulo Wu Chih Hsing (Taiwan)
- Robert Blank (United States)



#### **Programme Overview**

**Date:** 19th March 2019 (Tuesday) **Venue:** Level 6, Hilton Kuala Lumpur

<u> </u>					
Time	Programme				
0630 - 1800	REGISTRATION COUNTER OPENS				
DXA B	DXA BODY COMPOSITION ANALYSIS COURSE				
0830 - 0910	Methods Other Than DXA For Body Composition Testing				
0910 - 1000	DXA Technology For Total And Regional Body Composition Measures				
1000 - 1030	TEA BREAK				
1030 - 1110	Scan Acquisition And Analysis				
1110 - 1150	Body Composition Reporting And Reference Data				
1150 - 1230	Current Uses Of DXA Body Composition In Clinical Practice And Research				
	Clinical Practice And Research				
1230 - 1310	Clinical Practice And Research  Use Of DXA In Obesity And Sports, Commercial Applications And Future Uses				
1230 - 1310 1310 - 1400	Use Of DXA In Obesity And Sports, Commercial				
1310 - 1400	Use Of DXA In Obesity And Sports, Commercial Applications And Future Uses				
1310 - 1400	Use Of DXA In Obesity And Sports, Commercial Applications And Future Uses  LUNCH BREAK				
1310 - 1400 VERTEE	Use Of DXA In Obesity And Sports, Commercial Applications And Future Uses LUNCH BREAK BRAL FRACTURE RECOGNITION COURSE				
1310 - 1400 VERTEE 1400 - 1430	Use Of DXA In Obesity And Sports, Commercial Applications And Future Uses  LUNCH BREAK  BRAL FRACTURE RECOGNITION COURSE  Introduction To Vertebral Fracture Assessment				
1310 - 1400 VERTEE 1400 - 1430 1430 - 1500	Use Of DXA In Obesity And Sports, Commercial Applications And Future Uses  LUNCH BREAK  BRAL FRACTURE RECOGNITION COURSE  Introduction To Vertebral Fracture Assessment  Technical Considerations  Vertebral Fracture Recognition And				
1310 - 1400 VERTEE 1400 - 1430 1430 - 1500 1500 - 1530	Use Of DXA In Obesity And Sports, Commercial Applications And Future Uses  LUNCH BREAK  BRAL FRACTURE RECOGNITION COURSE  Introduction To Vertebral Fracture Assessment  Technical Considerations  Vertebral Fracture Recognition And Interpretation				

**Date:** 20th March 2019 (Wednesday) **Venue:** Level 6, Hilton Kuala Lumpur

Time	Programme	
0630 - 2115	REGISTRATION COUNTER OPENS	
0830 - 1000	PEDIATRIC BONE DENSITOMETRY COURSE	
1000 - 1030	TEA BREAK	
1030 - 1300	PEDIATRIC BONE DENSITOMETRY COURSE	
1300 - 1400	LUNCH BREAK	

# Scientific Meeting Programme Overview



		Wednesday March 20, 2019
6.30am	9.00pm	Registration
6.30pm	8.00pm	Plenary : Keynote Speaker
8.00pm	9.30pm	Opening Ceremony and Welcome Cocktails

			Thursday March 21, 2019	
6.30am	5.30pm	Registration		
7.00am	8.00am	Office Hours 1		
8.00am	8.45am	Plenary 1: Osteoporosis: Lessons from the Past, Present & Future		
8.45am	9.30am	Plenary 2:  Assessing Skeletal Health / Emerging Technologies		
9.30am	10.30am	Те	a Break with Exhibitors & Poster Sessi	on
			Symposium: Osteoporosis Epidemiology In Asia	
10.30am	11.00am		<b>S1.1:</b> Burden And Risk Assessment	
11.00am	11.30am	PDC Paediatrics	<b>S1.2:</b> DXA: Does It Have A Role In Clinical Decision Making?	Master Class DXA 1
11.30am	12.00pm		<b>\$1.3:</b> FRAX In Asia? Are We Over Treating?	
12.00pm	12.15pm		Q&A	
12.15pm	1.00pm		Lunch Symposium	Lunch Symposium
12.15pm	1.00pm		Office Hours 2	
1.00pm	1.55pm	Lunch Break at Lake Gardens Foyer		
2.00pm	2.55pm	Meet The Experts D1.1: DXA Pitfalls	Meet The Experts D1.2:  AFF	Meet The Experts D1.3: The Other GIOP - Gynaecologist Induced Osteoporosis
			Symposium : DXA Quality Metrics	
3.00pm	3.30pm		<b>S2.1:</b> Quality Assurance	
3.30pm	4.00pm	PDC Orthopedics: Periprosthetic	<b>S2.2:</b> Phantoms, Positioning And Precision	Oral Abstracts & Best Clinician Abstract Award
4.00pm	4.30pm	Orthopedics:	<b>S2.3:</b> Calibration - How To Cross Calibrate	
4.30pm	4.45pm	Spinal Cord Injury	Q&A	
4.45pm	5.30pm	Tea Break with Exhibitors & Poster Session		



			Friday March 22, 2019			
6.30am	5.30pm	Registration				
7.00am	8.00am	Office Hours 3				
8.00am	8.55am	Meet The Experts D2.1: DXA "Vertebral Fracture Recognition"	Meet The Experts D2.2: Artificial Intelligence And DXA	Meet The Experts D2.3: DXA Body Composition Clinical Relevance		
9.00am	9.45am	Plenary 3: Ageing And Sarcopenia				
9.45am	10.30am	Tea Break With Exhibitors & Poster Session				
			Symposium: Special Population			
10.30am	11.00am		<b>\$3.1:</b> Cancer And Bone			
11.00am	11.30pm	PDC - Monitoring: Serial Bone	<b>\$3.2:</b> HIV And Bone	Master Class		
11.30pm	12.00pm	Measures With DXA	<b>S3.3:</b> Diabetes and Bone	DXA 2		
12.00pm	12.15pm		Q&A			
12.15pm	1.00pm		Lunch Symposium	Lunch Symposium		
1.00pm	1.55pm	Lunch Break at Lake Gardens Foyer				
2.00pm	2.55pm	Meet The Experts D2.4: DXA "Vertebral Fracture Recognition" (Repeated)	Meet The Experts D2.5: Recent Advancements in DXA Body Composition	Meet The Experts D2.6: DXA Body Composition Clinical Relevance (Repeated)		
3.00pm	3.30pm	DDC Transcondering And DVA	Bone Turnover Markers Consensus	Oral Abstracts Young		
3.30pm	4.00pm	PDC Transgendering And DXA	In Asia Pacific	Investigator Awards		
4.15pm	5.00pm		Plenary 4: Fragility Fracture Network "The Triad Of Orthopaedics, Geriatrics and Rehab"			
5.00pm	5.30pm	Tea Break With Exhibitors & Poster Session				

			Saturday March 23, 2019		
7.00am	9.00am	Registration			
				Symposium: Non-Pharmacological Treatment - Current Concepts / Controversies	
8.00 am	8.30am			<b>\$4.1:</b> Calcium and the Sunshine Pill: Bone of Contention	
8.30 am	9.00am			<b>\$4.2:</b> Exercise and Fall Reduction	
9.00 am	9.15 am			Q&A	
			<b>Symposium:</b> FLS - Capture the Fracture		
9.00am	9.30am	PDC Cross Calibration and LSC Update	<b>\$5.1:</b> Evidence that makes a difference		
9.30am	10.00am		<b>\$5.2:</b> Overcoming Barriers		
10.00am	10.30am		<b>\$5.3:</b> Fracture Captured : What's Next? (Rehab)		
10.30am	10.45am		Q&A		
11.00am	12.30pm	Annual Business Meeting and Presidential Address (For ISCD Members)			



#### **Call For Abstracts**

Abstract Submissions should relate to Osteoporosis and/or Fracture Prevention, Diagnosis or Treatment, Bone Densitometry or Body Composition and align with one of the following themes:

- Central DXA: (DXA, TBS).
- Non Central DXA: (QCT, pQCT, QUS, pDXA, FEA).
- Morphometric Measurements: (Body Composition, Vertebral Fracture Recognition, Hip Geometry).
- · Risk Assessment and Epidemiology.
- · Clinical Studies and Observations.
- Treatment: Osteoporosis and Other Conditions.
- Post Fracture Care.

Abstracts will describe original research findings of scientific merit related to osteoporosis and will be presented as posters or oral presentations. Submission of clinical health research abstracts are encouraged, as are abstracts related to skeletal imaging and diagnosis. It is expected that all accepted abstracts will be posted at the Annual Meeting. Accepted abstracts and award winners will be presented as posters and/or oral presentations. Poster presenters must attend the Annual Meeting for the abstract to published in the Journal of Clinical Densitometry.

Abstracts accepted by the Abstract Review Committee and posted at the meeting may be published in a forthcoming issue of the Journal of Clinical Densitometry.

Technologists, residents, students, trainees and fellows are encouraged to submit abstracts.

Those invited to present posters will receive specific information regarding these requirements with their acceptance notice. All presenters will be required to register for the meeting. For Abstract Submission Guidelines and Award Submission Guidelines, please refer to am2019. iscd.org



# **Young Investigator's Award**

You might be eligible for a Young Investigator Award. ALL the following requirements must be met:

- Awardee must be the first and presenting author of the research.
- Awardee must be within five (5) years of completion of a Ph.D. or residency training (for M.D., D.D.S., D.O., or their equivalent)
   OR a Technologist within five (5) years of entering the field or graduating from an approved program
- Awardee must be below the age of 40 by 31st December 2019.
- The awardee must have never been a recipient of an ISCD Young Investigator Award.
- Awardee must register for the conference and be present by his/her abstract for judges' evaluation to receive the award.



# **Qualifications and Eligibility**

All authors must adhere to the following when submitting an abstract for ISCD Annual Meeting:

- The research described in the abstract complies with the guiding principles for experimental procedures written in the Declaration of Helsinki of the World Medical Association, and the NIH Guide for the Care and Use of Laboratory Animals, 1985, and refer to the policy established by your Institutional Review Board.
- All authors (submitting and contributing) have read the Disclosure Statement (Conflict of Interest) and have made appropriate disclosures by completing and submitting the PDF Disclosure Form. These documents are attached together with the Abstract Template, downloadable below at Abstract Guideline: "Step Two" at am2019. iscd.org
- 3. Authors of an abstract describing a study funded by an organization with a proprietary or financial interest must identify the organization and affirm that they had full access to all the data in the study. By doing so, they accept complete responsibility for the integrity of the data and the accuracy of the data analysis.
- 4. If the manuscript associated with the abstract has appeared or will appear in print or online, on or before February 28, 2019 the abstract is not eligible for oral presentation and if accepted will be presented for Poster Presentation Only.

The following guidelines apply to previously presented abstracts:

- Abstracts presented orally or as a poster at a prior ISCD Annual Meeting may not be submitted for either poster or oral presentation.
- b. Abstracts presented (poster or oral) at major U.S. national, and other national and international meetings may not be submitted for an oral presentation at the ISCD 2019 Annual Meeting and should be marked "Poster Presentation Only".
- c. If you have previously presented the material in your abstract at another meeting and aren't sure about its eligibility for oral presentation at the ISCD 2019 Annual Meeting, please mark "Poster Presentation Only" on the submission form or contact ISCD (abstract@am2019.iscd. org) for advice before submitting the abstract.







#### **ISCD 2019**

Doctors			Radiographers			
Early Bird (USD) (Ends On 19th January 2019)	Post Early Bird (USD) (20th January to 18th March 2019)	Onsite (USD) (19th March to 23rd March 2019)	Early Bird (USD) (Ends On 19th January 2019)	Post Early Bird (USD) (20th January to 18th March 2019)	Onsite (USD) (19th March to 23rd March 2019)	
	ISCD Members					
USD 350	USD 400	USD 450	USD 250	USD 275	USD 300	
Non-Members						
USD 450	USD 500	USD 550	USD 300	USD 325	USD 350	

- To register, visit conference website am2019.iscd.org
- Registration includes coffee breaks and lunch.
- All registrations are in USD and payment via PayPal, Credit Card and online transfer is accepted.



# **These Course And Meeting Are Designed For**



# **Exhibitors**

- Endocrinologists
- Orthopaedic Surgeons
- Rheumatologists
- Radiologists
- Geriatricians
- Obstetricians and Gynaecologists
- Oncologists
- Physicians / General Practitioners
- Trainees / Medical Officers
- Radiographers
- Dietitians
- Nurses
- Allied Health Professionals and anyone involved in the management of patients with osteoporosis

To receive more information regarding exhibit sponsorship for this conference, please contact the conference secretariat Edward Aeruthayan or May at secretariat@am2019.iscd.org





# Malaysia Quick Facts

#### LANGUAGE

Bahasa Malaysia is the national language and English is widely spoken. The ethnic groups also speak various languages and dialects.

#### VISA

Most visitors from ASEAN countries do not need a visa. Nationals from at least 125 countries do not need a visa for short stays

- 40 countries (Asia & Oceania)
- 41 countries (Europe)
- 21 countries (America)
- 23 countries (Africa)

To check Visa requirements, please visit http://www.imi.gov.my/index/php/en/visa/visa-requirement-by-country.html

#### **GETTING TO THE CONFERENCE VENUE**

Mode of Transport	Travel Time	Cost
KLIA Ekspres Train High speed train connecting the airport to KL's main transportation hub (KL Sentral)	28 minutes. Direct Non- Stop.  Hilton Kuala Lumpur is located adjacent to KL Sentral.	MYR 55 / USD 13.72
KLIA 2 Transit Train  Just like the KLIA Ekspres train service, the KLIA Transit train service shares the same tracks as the KLIA Ekspres, connecting klia2 to the KL Sentral Station to KL's main transportation hub (KL Sentral)	39 minutes.  4 short stops along the way.	MYR 55 / USD 13.82
Airport Taxi	50 minutes	MYR 120 / USD 30.14
GRAB (Car Hailing App)	50 minutes	MYR 65 / USD 16.33

<sup>\*</sup> Rate of MYR to USD is converted as of exchange rate at June 2018.

### **CONFERENCE VENUE & CONFERENCE HOTEL**

Hilton Kuala Lumpur Hotel ★★★★∮
3, Jalan Stesen Sentral 5, Kuala Lumpur Sentral,
50470 Kuala Lumpur, Wilayah Persekutuan.

#### ABOUT HILTON KUALA LUMPUR HOTEL

The ultimate lifestyle hotel, Hilton Kuala Lumpur showcases stylish rooms and suites, gastronomical excellence, an elegant spa, and magnificent event space in the heart of the vibrant KL Sentral area. Towering 35 floors, right next to the Nu Sentral shopping mall, this Kuala Lumpur hotel is a destination in itself. Discover a world of exciting attractions nearby, including the iconic Petronas Towers and China Town.

- Winner of the Haute Grandeur Global Hotel Awards 2017 for Best Beauty Spa & Best Destination Spa, The Spa & Gym
- Spacious rooms with floor-to-ceiling windows and Hilton Serenity beds
- 10 restaurants and bars, including renowned Chinese and language.
- Air-conditioned Linkway to KL Sentral Station
- 2017 TripAdvisor Travelers' Choice winner

#### LOCAL CURRENCY

MYR is known as Malaysian Ringgit. Estimated exchange rate at MYR 4.00 = USD 1.00

#### **SHOPPING & DINING OUT HOURS**

- Most shopping malls and restaurants are open from 10am 10pm all week.
- Pubs are open from 6pm 2am.













Kuala Lumpur fondly known as KL, is a modern and bustling city and is one of the region's most properous capitals. KL consists of a melting pot of cultures infused together and boasts a variety of attractions such as interesting heritage sites, shopping, entertainment, nature and adventure.

Here are some attractions you would not want to miss while you are here in Kuala Lumpur.

# **Petronas Twin Towers**

The 452 metres tall **Petronas Twin Towers** is the tallest building in Malaysia, and was once the tallest building in the world.

At the base of the Petronas Twin Towers is Suria KLCC, which is a shopping mall that is very popular among tourists. Tourists can also take a stroll along the beautiful landscaped KLCC Park, which is located at the side of the twin towers, where it features a jogging track, walking paths, water fountain and a wading pool for children.

Besides the mall and the park, there are also other attractions such as the Aquaria KLCC, Petronas Art Gallery and Petrosains Science Center inside the Petronas Twin Towers.

#### **Batu Caves**

**Batu Caves** is an iconic and most frequented tourist attraction in Kuala Lumpur.

It is a limestone hill comprising 3 major caves featuring temples and Hindu shrines. Outside Batu Caves stands the world's tallest golden statue of Lord Murugan, a Hindu Deity, at 42.7 metres tall.

The attraction of Batu Caves includes the steep 272 steps climb up to finally view the stunning skyline of the city centre. Along your way up, you will see lots of monkeys frolic around the caves.

# Malaysian Food

Food can be considered as the national obsession. It is not uncommon to be greeted by the phrase "Sudah makan?" which means "Have you eaten?". Malaysian food is heavily influenced by Thai, Chinese, Indonesian and Indian cuisine. As elsewhere in Asia, rice is an essential staple. Some of the popular Malaysian food are Nasi Lemak, Char Kuey Teow, Roti Canai and Curry laksa. Our local delicacies will definitely tantalise your tastebuds.

#### National Museum

The National Museum of Malaysia is a beautiful building characterized by traditional Malay Minangkabau-style architecture which stands in the heart of the city of Kuala Lumpur. It displays an excellent introduction to Malaysia's history, economy, geography, arts, crafts and culture.

